

Thank you for registering for Circular Sprang at FITP.

### Materials List

#### What To Bring:

1 pair of long artist stretcher bars; see below to calculate the length  
 1 pair of 18-20" artist stretcher bars,  
 2 - 1 3/4" dowels cut to 15" length,  
 1 ball/skein of yarn (cotton or wool) of up to 100yds, thread weight is too light for this class  
 1 ball of strong string,  
 10-20 sticks, BBQ sticks are not strong enough  
 measuring tape  
 if making garters - 2 pieces of heavy card stock or 1 piece of cardboard 14 inches in length by 3 or 4 inches in width

#### How to calculate the length of the long artist stretcher bars:

For Belt:

- take measurement of your waist or where your belt will rest and add 16"

For Garter:

- take measurement of your leg just below your knee and add 24"

#### How to calculate if your wool is the right weight for this class:

If buying your wool at a wool store, wool weight and length range:

From: 100 gm/200 m / 3.5oz/220 yds (belt weight)

To: 100 gm/360 m / 3.5oz/~400 yds (garter weight)

#### Another method:

Wrap your wool/yarn around a ruler over the space of 1". The number of wraps is to be between 13 and 19. 12 and under is to chunky. Over 20 is too fine for this class.



If this is really confusing, please feel free to contact me at [judy@magma.ca](mailto:judy@magma.ca)